

ATHLETIC COMMUNICATIONS OFFICE

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Outdoor Track & Field



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Current records – Men: 0-0 Overall, 0-0 MAC; Women: 0-0 Overall, 0-0 MAC

BULLS OPEN OUTDOOR SEASON AT VCU MEET

The 2004 outdoor track and field season began for the University at Buffalo with the Ram Invitational at Virginia Commonwealth University's Sports Backers Stadium on Saturday. Originally scheduled to participate at the Wake Forest Relays, the Bulls were forced to find another meet to compete in after the cancellation of the meet in North Carolina.

UB athletes won nine events at the non-scoring meet with the women taking six and the men three. Leading the women's efforts was middle distance runner **Allison Laske (Canandaigua, NY/Canandaigua Academy)**. Laske won the 1500-meter run in 4:35.79, less than a second off the UB school record set last season by Christina Keck. Laske also combined with **Stacy Downer (Philadelphia, PA/Dobbins Tech)**, **Celestine Coney (Lyons, NY/Lyons)** and **Vashone Wallace (Lackawanna, NY/Lackawanna)** to win the 4x400 relay in 3:49.61.

Three UB women won field events. **Sarah Vance (Lockport, NY/Lockport)** took first in the shot put with a toss of 43-9 (13.33m). **Bev Weyer (Castala, OH/St. Mary's Central Catholic)** won the discus at 135-11 (41.44m). **Jennifer Anderson (Brooklyn, NY/Brooklyn Tech)** was victorious in the triple jump at 38-5.50 (11.72m). On the track, **Jenny Koeppel (Amherst, NY/Amherst)** took first in the 3,000-meter run in 10:07.46.

Downer also finished second in the 100-meters (12.22) and fourth in the 200-meters (24.92). **Jen Jezorski (Elmira, NY/Elmira Southside)** was third in the 3,000-meters (10:35.90). UB's 4x100 relay team placed second in 48.72. Vance (147-10, 45.06m) and Weyer (145-3, 44.28m) finished third and fourth in the hammer throw.

UB's men won three events. **Todd Joki (Saratoga Springs, NY/Schuylerville)** placed first in the 110 hurdles in 14.66 seconds after turning in a 14.63 clocking in the preliminaries. **Todd Ludden (Hornell, NY/Hornell)** won the 3,000-meter run in 8:49.59. **Dan Simpson (Rochester, NY/Gates-Chili)** won the pole vault at 14-5.25 (4.40m) with teammate **David Eckert (Millbrook, NY/Millbrook)** placing second at 13-11.25 (4.25m).

Rayshon Higgins (Buffalo, NY/Timon/St. Jude) placed second in the triple jump at 49-8.25 (15.14m). His distance qualified him for regional competition at the end of the season. **Andy Wigton (Rochester, NY/Greece-Athena)** finished second in the 5,000-meters in 14:51.73.

2004 SCHEDULE AND RESULTS

March

Sat., 20	at Ram Invitational	No team scoring
Wed.-Thur., 24-25	at Florida Relays (multis only)	10:00 am
Fri.-Sat., 26-27	at Raleigh Relays	9:00 am
Wed.-Sat., 31-3	at Texas Relays (women only)	TBA

April

Sat., 3	at McDonald's Invite	TBA
Fri.-Sat., 9-10	at Bison Open	All Day
Fri.-Sat., 16-17	UB OPEN	TBA
Thur.-Sat., 22-24	at Penn Relays	All Day

May

Sat., 1	at Al Campbell Invite	All Day
Sat., 8	at Akron Open	All Day
Thur.-Sat., 13-15	at MAC Championships	All Day
Fri.-Sat., 28-29	at NCAA East Regionals	All Day

June

Wed.-Sat., 9-12	at NCAA Championships	All Day
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All times Eastern

WOMEN'S NCAA REGIONAL QUALIFIERS

None

MEN'S NCAA REGIONAL QUALIFIERS

Rayshon Higgins (triple jump) 49-8.25