

# NIRSA Region 1 Conference

## Overall Conference Schedule (as of 10.7.07)

### Thursday

10:30am - 9:00pm	Registration/Host Table Open
11:30am	Student Track Pre-conference Sessions
Time TB A	Pre-conference Activity - Hike
Time TBA	Pre-conference Activity - Wine Tour
1:00pm - 4:00pm	Pre-conference Workshop - Flag Football Officials Clinic
1:30pm - 5:30pm	Professional Track Pre-conference Session
6:30pm	Meet & Greet
7:00pm	Welcome and Keynote Speaker
8:00pm	Social

### Friday

6:45am - 7:30am	Early Morning Workout - Aqua Aerobics
7:00am - 8:30am	Breakfast
8:00am - 7:00pm	Host Table Open
8:30am - 11:45am	Educational Sessions
10:00am - 4:00pm	Vendor Expo
11:45am - 1:30pm	Lunch
1:30pm - 3:25pm	Educational Sessions
3:30pm	Nutrition Break and T-Shirt Exchange
4:00pm - 5:30pm	Business Meeting
6:00pm	Dine Around Ithaca

## **Saturday**

6:45am - 7:45am Early Morning Workout - Yoga Fit

7:30am - 9:00am Continental Breakfast

8:00am - 12:30pm Host Table Open

8:45am - 12:00pm Educational Sessions

12:00pm - 12:30pm Wrap-up Meeting