



## RECREATION & INTRAMURAL SERVICES

### VOLLEYBALL RULES

#### Eligibility:

1. All players **MUST** be **CURRENT STUDENTS or FACULTY/STAFF** at UB. **FACULTY/STAFF PLAYERS MUST BE RECREATION PERMIT HOLDERS.**
2. All players **MUST** have a valid UB Student or Faculty/staff I.D. card at **ALL** games.
3. A team has up until its third game to solidify its roster, at which time all player names and I.D. numbers **MUST** be submitted. All I.D. numbers will be checked.
4. A player cannot switch teams once they have played a game for any particular team.
5. A player can only play for one team per division.
6. Females can play on Men's division teams. There is just no minimum required as with Co-Rec.
7. Co-Rec teams must have 2 females on the field at all times.

#### Game Procedures:

1. Each match will be best 2 out of 3 with the first 2 games being rally scoring to 25 points with a cap at 27. (Must win by 2 but first team to 27 wins) If needed, a tie-breaking third game will be played with rally scoring to 15, with players switching sides at 8.
2. Rosters will be limited to include 12 players. A minimum of 4 players must be present at the start of each match. Substitutes can report in at anytime while the ball is not in motion as they arrive.
3. **GAME TIME IS FORFEIT TIME.** If all necessary players are not present at game time, game 1 will be forfeited. If all players are not present by 10 minutes after game time, then game 2 is forfeited and subsequently the match will be forfeited.
4. There are no gender requirements for **POWER VOLLEYBALL**
5. Rotation must be used.
6. Teams will flip a coin and the winner will have the choice of court or service. The team losing the coin toss shall have first service in the succeeding game. If a third game is needed to decide the match, a coin flip will decide who has first serve and the teams will change sides when one team reaches eight points.
7. Each team will be allowed two official time-outs, with duration's of one minute, per game, which can only be called by the captain. Time-outs are not required for substitution.
8. Substitutions may be made at any time during the game while the ball is not in motion. A player taken out of the game may re-enter the same game only once and only in his/her original position.
9. Service must be from anywhere behind back lines. Player serving must not step on or over the line until the ball leaves his/her hand.

10. Players may step on the centerline provided that the foot is partially touching the centerline and not completely over it.
11. A player from the back row can only make contact with the ball above the plane of the net if they jump from behind the 10-foot line. A back row player may stand and spike a ball provided the player does not make contact above the plane of the net when they are in the front of the 10-foot line. The front row players will be defined as the next three players to serve the ball. The server is always considered a back-row player.
12. A ball may be played three times on one side providing the same player does not touch the ball twice in succession.
13. A player who is touched above the waist by the ball when it is in play shall be considered as having played the ball.
14. A player who is touched anywhere on the body with the ball is considered to have played the ball. Unintentional contact made below the waist will be allowed. The foot must be on the ground for the contact to be considered unintentional.
15. Players cannot block or attack the serve.
16. Only the captain is allowed to talk to the Up Official during the match. Unsportsmanlike comments will not be tolerated.
17. The net will be set at 43.
18. All players must be completely within the bounds of the court on the serve. If a player is not completely inside the lines, then that team will be considered out of rotation resulting in loss of possession or a point for the other side.

The above rules will supplement official NCAA Volleyball Rules; any changes or adjustments will be up to the Head Official. All decisions are final.

**PLAYERS MUST HAVE VALID UB STUDENT OR FACULTY/STAFF ID CARDS AT ALL GAMES. FACULTY/STAFF CARD HOLDERS MUST ALSO HAVE A VALID RECREATION PERMIT. NO ID MEANS YOU CANNOT PLAY!**

**DAILY RECREATION PERMITS ARE NOT ACCEPTABLE FOR INTRAMURAL PLAY!**

**Please check the UB Intramurals Policies and Procedures regarding other issues such as forfeits, game cancellations and sportsmanship.**