

# ATHLETIC COMMUNICATIONS OFFICE

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## Cross Country



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**Current records – Men: 1-2 Overall, 0-1 MAC; Women: 3-0 Overall, 1-0 MAC**

### BULLS USE STRATEGY TO PLACE ATOP LASALLE INVITE

UB's men's and women's cross country teams posted another impressive showing on Saturday with top results at the LaSalle Invitational in Philadelphia.

The UB women, currently receiving votes in the FinishLynx national poll, won the team title, scoring 28 points to easily outdistance second-place Moravian with 71 and third-place LaSalle and Penn, who tied with 114 points apiece in the 14-team field. UB's men, meanwhile, took second behind Navy in a 12-team field. The Bulls compiled 70 points to the Midshipmen's 65, while LaSalle (76) and Widener (77) were close behind.

In the women's 5K race, the Bulls used strategy to pack their runners near the top field, but not necessarily win the race. The UB goal on Saturday was to have the Bulls runners stay near the head of the field to score the fewest total points. The tactic worked with five Bulls among the top 10 scorers and seven in the top 17. UB ran as a pack for the first mile and a half and then closed the gap on the remainder of the field. UB senior **Jenny Koepfel (Amherst, NY/Amherst)** was the top women's finisher, completing the course in 18:25.90, eight seconds behind first-place Vanessa Andes of East Stroudsburg. Koepfel closed the gap on Andes in the final mile and half. Koepfel trailed Andes by about 30 seconds but used a strong finishing kick in the second half of the race to finish runner-up.

Joining the scoring column for the Bulls was junior **Kelli O'Brien (Clifton Springs, NY/Manchester-Shortsville)** in third at 19:02.50. Freshman **Aleksandra Bykowska (Poznan, Poland/Third High School in Poznan)** took seventh in 19:13.00 with junior **Jen Jezorski (Elmira, NY/Elmira Southside)** placing eighth in 19:16.50. UB's final scorer was freshman **Sara Rice (Pine City, NY/Elmira Southside)** in 11th place at 19:48.40. Junior **Megan Housel (Webster, NY/Webster Schroeder)** was 16th in 20:04.10 and sophomore **Kayleigh Wheless (Syracuse, NY/Westhill)** was 18th in 20:04.80 to round out the top seven.

Many of UB's top male runners sat out the race, but the remainder of the team posted impressive results along the 8K course with junior **Andy Wigton (Rochester, NY/Greece-Athena)** pacing the Bulls in second place overall in 26:07.00. Widener's Macharia Yout easily won the race in 25:31.00. Sophomore **Dan McKenna (Liverpool, NY/Liverpool)** also placed near the top with a fifth-place finish in 26:22.00.

Other finishers for the Bulls included junior **Matt Moynihan (Rochester, NY/Penfield)**, who placed 17th at 27:00.00. Senior **John Flor (Albion, NY/Albion)** was 24th in 27:12.00. Freshman **Chuck Laderer (Pendleton, NY/Starpoint)** was 25th in 27:15.00. Senior **Steve Strelick (Rochester, NY/Greece-Athena)** was 33rd in 27:23 and senior **Andy Leonard (Spencerport, NY/Churchville-Chili)** was 44th in 27:44.00.

The Bulls are home this Saturday when they host the UB Open at Beaver Island State Park. Race times are 11:00 am for the men's 8K and 11:45 am for the women's 5K. Other squads expected to compete include top NAIA programs Roberts Wesleyan and Tri-State University of Indiana. Local schools Niagara, Daemen, and Medaille as well as Erie CC and Finger Lakes CC will also race.

#### 2004 SCHEDULE AND RESULTS

##### September

Sat., 11	at Tommy Evans Invitational	M: 3rd of 4	W: 1st of 4
Sat., 18	at Central Collegiate Inv.	M: 3rd of 8	W: 1st of 11
Sat., 25	at Paul Short Invitational	M: 16th of 24	W: 6th of 26

##### October

Sat., 2	at LaSalle Invitational	M: 2nd of 12	W: 1st of 14
Sat., 9	<b>UB OPEN</b>	<b>11:00 am</b>	<b>Buffalo, NY</b>
Sat., 16	at Penn State Invitational	11:00 am	University Pk., PA
Sat., 30	at MAC Championships	11:00 am	Toledo, OH

##### November

Sat., 13	at NCAA Northeast Regionals	12:00 pm	New York, NY
Mon., 22	at NCAA Championships	TBA	Terre Haute, IN

Home meets in **BOLD CAPS** • All Times Eastern

#### TOP FINISHERS

Sept. 11	at Tommy Evans Invitational	Men (4 miles): Dan Giza 21:42 (7th of 41)	Women (5K): Jenny Koepfel 18:21 (1st of 40)
Sept. 18	at Central Collegiate Invitational	Men (8K): Andy Wigton 25:41 (8th of 78)	Women (5K): Jenny Koepfel 17:49 (1st of 118)
Sept. 25	at Paul Short Invitational	Men (8K): Dan McKenna 25:39.48 (77th of 163)	Women (6K): Jenny Koepfel 20:59.05 (7th of 175)
Oct. 2	at LaSalle Invitational	Men (8K): Andy Wigton 26:07.00 (2nd of 100)	Women (5K): Jenny Koepfel 18:25.90 (2nd of 128)