2010 Junior Bulls Football Camp

With Head Coach Jeff Quinn and the UB Football Coaching Staff

June 28 & 29, 2010

UB Stadium - Amherst, NY

Open to Grades K–8

2010 Junior Bulls Football Camp

$45

June 28
8 am – 4 pm

June 29
8 am – 4 pm

Total enclosed $ ____________

The full amount must accompany registration to guarantee camp admission. All registrations received are on a first-come first-serve basis. Fees are non-refundable once camp begins.

I have read and hereby accept the conditions described on this brochure.

Parent signature Date

Athlete signature Date

Mail registration, completed medical form and full payment (checks payable to UB Foundation) to:

2010 Junior Bulls Football Camp
104 Stadium Complex
University at Buffalo
Buffalo, New York 14260
WAIVER FORM RELEASE FOR MEDICAL TREATMENT

Please complete this application carefully and fill out all of the information. Your admittance to the camp may be delayed if the information is incomplete.

Name:

Date of Birth:  Sex:  Age:

Health History: Please list ANY allergies, disease and/or medications (Conditions physicians should be made aware of). Please include a separate sheet if you need more room.

______________________________________________________________

Date of Last Tetanus Immunization:

DPT:  Booster:

Polio OPV (Sabin):  Booster:

Measles Vaccine:  Small Pox:  Typhoid:

German Measles:  Chicken Pox:

Haemophilus Influenzae Type B:  Hepatitis B:

Family Physician's Name:

Physician's Phone Numbers:  (Day)  (Evening)

Parent/Guardian Authorization: This health history is correct to the best of my knowledge, and the person herein as described has permission to participate in all camp activities except as listed above. In the event that I cannot be reached in an emergency, I hereby give permission to the physician selected by the camp director to hospitalize, secure proper treatment for and order injection, anesthesia, or surgery for my child as named above.

______________________________________________________________

______________________________________________________________

Date of Birth:  Sex:  Age:

Parent/Guardian Signature (Required)   Date

Parent/Guardian Health Insurance Company:

Policy Number:

Address:

My child has had a physical recently and may participate in all activities at the UB Camp. I give permission for my child to be treated by a certified athletic trainer or licensed physician. I further agree that the UB Camp staff should be held harmless from and indemnified against any and all liability, cost claims, loss or damage which it or they may incur as a result of an accident or injury to my child.

______________________________________________________________

Parent/Guardian Signature (Required)   Date

A FULL TIME TRAINER WILL BE AVAILABLE AT ALL TIMES

Our camp is designed to teach the basic skills required to play football. We will focus on passing, catching, kicking, blocking and tackling the proper way. The primary intent during the camp will be on teaching, learning and, most importantly, having fun.

CAMP DAY SCHEDULE

8:00-9:00 am.............................Check-in/Registration

9:00-9:20 .......................... Staff Introductions and Camp Announcements

9:20-9:50 .................................. Stretch and Warm Up

9:50-10:45 .........................Speed & Performance Development

10:45-11:00 .................................. Cool Down/ Hydration Break

11:00-11:45 .... Strength & Conditioning Technique Demonstration

11:45-12:40 .................................. Lunch*

12:40-1:00 .......................... Camp Instruction & Announcements

1:00-1:10 .................................. Stretch and Warm Up

1:10-3:00 .................................. Practice Session (Position Group Activities)

3:00-3:30 .................................. Cool Down/ Hydration Break

3:30-3:45 .................................. “Bull Ball” Competition

3:45-4:00 .................................. Closing Remarks with Coach Quinn

* Lunch will be available for an additional cost

WHO IS THE CAMP FOR?
The Junior Bulls Camp is for youth entering kindergarten through the eighth grade, for the school year starting Sept. 2010.

WHEN IS THE CAMP?
The camp will run from 8 am to 4 pm on June 28 & 29, 2010. Campers can register for one day or both days.

WHAT SHOULD I BRING TO CAMP?
Campers should bring sneakers or cleats, a water bottle and a towel.

DO CAMPERS NEED EXTRA SPENDING MONEY?
Lunch will be provided at an additional cost. Water and Powerade will be supplied during camp time.

DRIVING DIRECTIONS TO UB
Take the I-90 to the I-290 (towards Niagara Falls) and proceed until Exit 5B (Millersport Highway, Rte 263). Get off exit and merge into traffic. Go through first light (Marriott is on your left) and continue until you reach the Coventry Entrance to campus. Make a left at the light at Coventry and a right at the four-way stop. UB Stadium is on the right and parking is available in the Stadium lot, which is the first right turn.

Confidentiality: For legal reasons, the University cannot release the names or phone numbers of the participants, even to those who want to carpool.

NEED MORE INFO?
Please contact Paul Bittar at (716) 645-6819 or email bittar@buffalo.edu

Learn more about UB Football at buffalobulls.com