2010 UB DIVING CAMP

June 26–July 1, 2010
Alumni Arena Natatorium
Register online at www.UBcamps.com

The full amount must accompany registration to guarantee camp admission. All registrations received are on a first-come first-serve basis. Fees are non-refundable once camp begins. Additional information will be e-mailed to you upon acceptance of this application.

*Resident campers are required to bring a separate check in the amount of $35 for the room key security deposit AT THE TIME OF CHECK-IN. This check will be returned following room check-out when the key is returned.

I have read and hereby accept the conditions described on this brochure.

Parent signature Date

Athlete signature Date

Register online at www.ubcamps.com or mail application, payment and completed medical form to:

University at Buffalo Diving Camp
University at Buffalo
121 Fargo Building • Buffalo, New York • 14261

The deadline for application submission is June 20, 2009.
CAMP SCHEDULE
June 26 – July 1, 2010 [Saturday - Thursday]

CAMP FEE
Resident Camper $500*
Day Camper $350

*Refundable $35 room key deposit required at check-in.

CHECK IN FOR CAMP
RESIDENT CAMPER:
Saturday, June 26 at 12:00 noon at the Ellicott Dorms

DAY CAMPER:
Saturday, June 26 at 2:00 pm on the pool deck

COACHING STAFF

KARLA HELDER COACH FOR UB AND WINGS DIVING
Karla Helder is in her sixth season as the men’s and women’s diving coach at the University at Buffalo and has helped the Bulls produce notable accomplishments in the diving program. While at UB, Helder has been instrumental in developing a strong diving program that featured new school records for both the men’s and women’s teams. In her previous five seasons, she has coached an ECAC men’s champion and two All-Mid-American Conference divers and six regional qualifiers, and in 2008 had two divers qualify for the NCAA meet for the first time in school history. A two-time NCAA Division II National Diving Coach of the Year, Helder came to Buffalo after nine seasons at the University at Buffalo and has helped the Bulls produce notable accomplishments in the diving program. While at UB, Helder has been instrumental in developing a strong diving program that featured new school records for both the men’s and women’s teams. In her previous five seasons, she has coached an ECAC men’s champion and two All-Mid-American Conference divers and six regional qualifiers, and in 2008 had two divers qualify for the NCAA meet for the first time in school history.

RUSS DEKKER COACH OF OHIO UNIVERSITY
Russ is in his fifth season as the diving coach for Ohio. Under Dekker’s guidance, Ohio diver Lindsay Hamilton broke the school record for points in both the 1-meter and 3-meter six dive events. Prior to Ohio, Dekker spent three seasons as diving coach at the University of Wyoming. Dekker competed collegiately at Eastern Michigan University. Selected as MAC Diver of the Year in ’95, he enjoyed a four-time Zone qualification and three-time Academic All-American status.

SCOTT TENEYCK COACH DOLPHIN DIVING CLUB
In his 7th year with the UB Diving Camps, Scott has been coaching Age Group and High School in Toledo, Ohio for over 12 years. Ten sectional and district champions, State runner up and two state champions as well as over National Age Group qualifiers, fill out Scott’s resume.

UNIVERSITY AT BUFFALO NATATORIUM: A WORLD-CLASS FACILITY

- Separate 60 x 60 indoor diving well
- 18’ pool depth
- Two 1-meter and two 3-meter spring boards
- 1, 5, 7.5, and 10 meter platforms
- Bubbler system
- Trampoline with spotting rig
- Dryboard with port-a-pit
- Training room

HAZARDS
- Full time trainer will be available at all times

A FULL TIME TRAINER WILL BE AVAILABLE AT ALL TIMES